Baby After Care

- The first few diaper changes, you may find blood on the gauze pad. This is normal.
- HEAVY bleeding that fills the gauze pad with blood, is not typical and requires you to call me.
- Continue to nurse the baby as you would normally. Swaddling the baby for the first 24 hours may make him more comfortable.
- No immersion bath for 4 days. Sponge bathing is ok. Do not immerse the penis in water.
- A clean gauze dressing should remain in place for 4 days. At every diaper change, gently remove the protective gauze pad by pulling at the 4 corners. Replace gauze with new 3×3 sterile gauze pad dotted with a dime-size squirt of bacitracin ointment in the middle of the gauze. The bacitracin and diaper itself will keep the gauze in position.
- Change the diaper a bit more frequently to ensure the area remains clean.
- If you run out of bactracin, you may use Vaseline, Neosporin, or A&D ointment.
- If your son shows signs of discomfort during the first 24 hours post bris, you may give him 1.25ml of infant acetaminophen.
- I can be reached 24 hours at day at 415-366-6757. Do not hesitate to call.

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